Dear BSPS Students,

It is starting to feel like a real semester. Student organizations have lots of activity going on and we have a flu shot clinic in our building on Saturday. Below I describe a few other new activities designed to get you away from your computer/phone screen (Walk with Us program) and also to get you ready to crush those upcoming job/residency/fellowship interviews (In the Interim on Friday afternoon). Take advantage of these great College of Pharmacy activities!

**BSPS PROGRAM**

- Welcome to Campus Kit Reminder: All BSPS students are encouraged to stop by the main Student Services Office Monday through Friday 8am-5pm to pick up their Welcome to Campus kit. New students will have an orientation cinch bag waiting for them that includes their BSPS Program T-shirts! Continuing students can pick up their Welcome Kit that includes masks, bandanas, and hand sanitizer.

- BSPS/PPSO Summer Experience Panel 9/24 @ 5:00pm: Your BSPS PSGC representatives are organizing a summer experience panel with PPSO students to help you brainstorm how you might want to use your future summer breaks! Stay tuned for more information, and let Sara Ganas (sganas@umich.edu) know if you are interested in being a panelist (and share what you did) or attending!

**COLLEGE INFORMATION**

- **NEW Networking Program ("Zoom-free"):** Come "Walk with Us!" COP faculty and staff invite you to take a short 15-20 minute walk on campus so we can get to know you better, build our COP Community and promote wellness. Students who are interested can self-schedule on this Google Sheet. Just select the tab of a faculty or staff member available and add your name and email address to a day and time that works best for you. You can find some bios for faculty and staff in our College of Pharmacy directory HERE. In order to maintain safe social distancing practices, walks are limited to no more than 2 students per faculty/staff member. Don’t forget your mask! This is a great way to meet new faculty, staff, and students and practice your networking skills! Come join us! If you have other Zoom-free activity ideas, please share!

- **On Campus Study Spaces:** Some students have asked about finding a space on campus to study or attend classes remotely. Check out: https://studyspaces.umich.edu/

- **Imposter Syndrome Mini-Lecture and Panel Discussion:** Join us on Wednesday, October 7
at 12:00 p.m. for a brief student-led mini-lecture and small panel discussion on Imposter Syndrome. This event is part of our #WellnessWednesdays and #COPCares and is available for Professional and Career Development LLL credit. The event will take place via Zoom and can be accessed [HERE].

- **“In the Interim” Program:** We had ~50 people in the audience for the very first “In the Interim” networking program last week! I was really happy with how the program went and that we were able to address the questions with our guest, Prof. Lydia Benitez. Friday’s program should be of great interest to everyone considering their post-graduate plan. How will interviewing for a position in 2021 differ from every previous job interview and how can you be ready? I will be posting questions about this topic to those who recruit residents and pharmacists at Michigan Medicine. Drs. Kate Starosta and Michael Kraft will describe Michigan Medicine’s new recruiting process for residencies. **We will cover tips on how to get that dream position in the COVID era.** Don’t miss this important program! Friday, September 18 5:30-6PM. Information on how to join the meeting has been sent to your email.

- **Commendations:** Do you know any faculty, staff, or students who have gone above and beyond lately? If so consider submitting a commendation note to let them know they are appreciated. You can use this link [https://apps.phar.umich.edu/prof_comm/index](https://apps.phar.umich.edu/prof_comm/index) to submit your commendation.

- **Concerns Raised by Students:**
  - **Are undergraduate student cases on the rise? NO**

    The [U-M COVID-19 Data Dashboard](https://dashboards.med.umich.edu/covid-data-dashboard) is the go-to resource for tracking current and recent cases on campus. As of today at 8:45am there have been 39 UM students that have tested positive in the past 14 days.

    ![COVID-19 Data Dashboard](https://dashboards.med.umich.edu/covid-data-dashboard)

    Also, check out the new [Public Health Community Notices](https://dashboards.med.umich.edu/covid-data-dashboard) Link on the Dashboard where the University is sharing the communications that go out to affected students when a case is identified.

- **Are COVID cases in Ann Arbor skyrocketing? NO**

  Washtenaw County provides a [Confirmed COVID-19 Cases website](https://www.washtenaw.org/covid-19/cases) that is updated weekly on Thursdays (it was updated daily until this week). The number of new reported cases appears to be holding fairly steady since August 1, with a small spike at the beginning of September.
• **Are in-person classes being canceled due to GSI strike?** NO

  The big news on campus is that the graduate students are on strike. Some of you have wondered what that means to you. All College of Pharmacy classes and exams continue to go on as scheduled unless you hear otherwise from Dean Mueller. If you feel compelled to show some sign of support with the grad students, you may participate in whatever activities you like. Our classes and exams will go on as scheduled so plan your time accordingly.

• **Is food and drink allowed in the building?** YES

  Food and drink are not prohibited in the College of Pharmacy buildings.

• **Is it true that we can’t bring water with us to an exam because we can’t take off our masks?** NO

  You must wear a mask at all times when on campus. You can, however, lift up your mask in order to take a drink of water and then immediately reposition your mask back over your mouth. It is important that you stay hydrated, especially when taking an exam. There is no rule or policy that suggests that water is not allowed during an exam because you must wear a mask.

**YOUR WELL-BEING**

You’re off to the races this semester! This is a reminder that your well-being should be a priority every day! Make some time each day for activities that can help to enhance your mental and physical wellbeing. [HERE](#) are some ideas for safe outdoor activities and [HERE](#) are other ideas for planning something enjoyable! Challenge: Email or text a friend or someone you would like to get to know better to explore a new interest or hobby. Be well!

Sincerely,

Bruce A. Mueller

Interim Dean and Professor of Clinical Pharmacy