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Subject: Today's Update: Attached Official Document for Students traveling to IPPE/APPE or work
Date: Thursday, March 26, 2020 11:41:21 AM
Attachments: [Critical Employee Designation Letter.pdf](#)

Good Morning Students:

Today's daily update comes early and contains an important document as an attachment.

The Governor issued a Shelter in Place Emergency Order for Michigan: <https://www.wilx.com/content/news/Gov-Whitmer-All-Michiganders-shelter-in-place-569026361.html>

Everyone is stay home unless conducting essential business (getting groceries, going to a doctor's appointment, etc).

The important exception to the Shelter in Place Order that applies to **you** is that you are 'critical infrastructure workforce,' which includes health care workers, law enforcement, water and wastewater personnel and transportation workers.

We have created the attached document that must be completed by you that will ensure that you have the ability to get to your IPPE/APPE sites or to any health-care work in case you are stopped by law enforcement.

Please **print out this letter, add your name and UMID to it and carry it with you whenever you leave your house** to do one of these essential activities.

I don't know if you will ever need it, but we want to makes sure that you are prepared. **Please do this right now to prevent any potential problems.**

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For those of you sheltering in place. Make and keep up a grocery list. Far better to buy a little more each time and go less frequently to the grocery store as COVID settles in.

Fresh fruit and veggies are great, but also think canned or frozen in case we are stuck in our houses for a longer period of time. Potatoes, squash, root vegetable can be stored longer. I am getting pretty creative with carrots!

It would be a great time to call grandparents to get some recipes for home made soup or stew!

If you need inspiration for meal time, check these:

<https://www.epicurious.com/expert-advice/coronavirus-era-cooking-article>

I would be remiss if I did not include this one for the weekend...

<https://www.epicurious.com/expert-advice/pantry-cocktail-recipes-small-bar-home-drinks-article>



Easy Cocktail Recipes for the Coronavirus Era: Please Don't Call Them Quarantinis | Epicurious

www.epicurious.com

How to make cocktails with a low-stocked bar, even if you don't have vermouth or citrus. There are cocktail recipes for whatever you've got.

Have a great day!

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