

Community Health

Health happens in our communities where we live, work, play and go to school. In fact, the social determinants of health – such as income, education, and neighborhood – often have a greater impact on health outcomes than the medical care received in a clinic. Getting out of the clinic and into the community is a powerful experience for many health professionals.

Students will assist community agencies as they work toward health equity for marginalized populations in the Ann Arbor, Ypsilanti or Detroit area.

Catholic Social Services of Washtenaw County (Ann Arbor)

www.csswashtenaw.org

Supervisor: Lisa Gdaniec

2500 South Main St

Ann Arbor, MI 48103

Email: lgdaniec@csswashtenaw.org

CSSW is a social service provider offering a range of programs including food assistance, homelessness prevention, family therapy, Medicaid/Medicare assistance, and adult day programs.

Tasks: Students will assist the Oaks Adult Day Program, which provides activities and companionship for adults who cannot stay home alone (due to dementia, mental or physical disabilities). About 75% of participants are considered “low income.” Students will assist with games, music and crafts while engaging participants in conversation. Students will gain perspective on the operations of an adult day program and have lots of opportunities for client contact. Students will also receive training on medication management issues, elder abuse, and substance abuse in older adults.

SERVICE SLOTS: **FLEX*** ANYTIME 7:30AM-4:30PM, M-F

***FLEX** MEANS THAT YOU WILL CHOOSE A 2 HOUR BLOCK FROM THE LISTED OPTIONS AFTER YOU ARE ASSIGNED TO THE PLACEMENT (I.E. FOR “FLEX MON-FRI 7:30AM-4:30PM” YOU MIGHT CHOOSE WED 2:30PM-4:30PM). YOU WILL ATTEND SERVICE AT THAT SAME TIME EACH WEEK.

Heartland Hospice (Ann Arbor)

www.hcr-manorcare.com/care-specialties/hospice

Supervisor: Alyssa Gillham

3840 Packard Rd, Suite 260

Ann Arbor, MI 48108

Email: 4621officestaff23@hcr-manorcare.com

Heartland Hospice provides end-of-life palliative (comfort) care for patients with life-limiting illnesses. Services are provided regardless of insurance or ability to pay. Heartland will provide intensive training and orientation, preparing students to interact with hospice patients and teaching them the multi-disciplinary hospice approach to care.

Tasks: Students will serve as friendly visitors for their assigned hospice patient(s) and will visit one-on-one in the patient's residence or nursing care facility. Students may provide companionship visits to include reading to patients, sharing a social activity, or offering comforting presence. Students will conduct a casual assessment of the patient's needs and report back to supervisor with any concerns that need follow-up attention. Students will not be asked to feed, bathe or transfer patients. There will always be paid staff available for questions or handling emergencies during students' service visits. This placement includes regular contact with the same 2 or 3 clients throughout the semester. The first 6 hours of the placement is intensive hospice training. This placement has a flexible schedule. Students will arrange days/times for the initial 6 hour training (usually 3 hours in each of the 1st and 2nd weeks). After that, visits will take place according to the student's availability.

SERVICE SLOTS: **FLEX***

*FOR HOSPICE, FLEX MEANS THAT YOU WILL BE ABLE TO SCHEDULE YOUR CLIENT VISITS AROUND YOUR OWN SCHEDULE.

Jewish Family Services of Washtenaw County (Ann Arbor)

<http://jfsann Arbor.org/programs-services/international-services/resettlement/>

Supervisor: Shrina Patel

2245 S. State St., Suite 200

Ann Arbor, MI 48104

Email: shrina@jfsann Arbor.org

"As an agency in Washtenaw County that serves a diverse, international population, the mission of Jewish Family Services is to create solutions, promote dignity and inspire humanity."

Tasks: Students will participate in the Resettlement Program, designing and implementing workshops/seminars to inform refugees – predominantly from Iraq, Ethiopia, Afghanistan and Somalia – how to maintain their physical and mental health. Bi-weekly presentation topics may include addressing the difficulties refugees face while shopping for groceries (e.g., interpreting nutrition labels and comparing prices) as well as discussing ways of coping with long winters and seasonal depression. JFS will have interpreters available to help students better communicate with non-English speaking clients. First day of service will be Sept. 17; students will meet with their supervisor at 3:30pm to learn about the agency and their role.

SERVICE SLOTS: WED 3:00-5:00PM

Voices of Detroit Initiative - VODI (Detroit)

www.voicesofdetroitinitiative.org

Supervisor: Nancy Lewis
Connor Creek Building
4777 E. Outer Drive
Detroit, MI 48234
Email: njwlewis@earthlink.net

TOP-RANKED SITE: This site received the highest ratings (highly recommend) from students placed here last year!



This is a non-profit healthcare coalition working to improve access to high quality care for the medically-underserved in Detroit and Wayne County. VODI works with partner organizations to link the uninsured to medical homes and to promote healthy lifestyles.

Tasks: Assist with a safety-net enhancement program called IMPACT: A Healthy Living Campus, which works to improve hypertension and diabetes outcomes in Northeast Detroit. Activities may include program enrollment, health education, health event planning and implementation, and data management. Students may also assist with IMPACT community care model dissemination activities. Students work under the supervision of a pharmacist or program coordinator. Students will be in contact with patients and community organization leaders. First day of service will be Sept. 24. Service will continue approximately every other week. Check with supervisor for exact dates. Students are encouraged to carpool.

SERVICE SLOTS: WED 1:30-5:30PM (ALT WEEKS)

Ypsilanti Meals on Wheels (Ypsilanti)

www.ymow.org

Supervisor: Alison Foreman
1110 W. Cross St.
Ypsilanti, MI 48197
Email: alison@ymow.org

Ypsilanti Meals on Wheels delivers prepared meals to homebound elderly, disabled, and ill residents in Eastern Washtenaw County.

Tasks: Students will work in pairs to conduct home visits to Meals on Wheels clients. Students will complete client assessments which measure activities of daily living, nutritional risk, home safety, and health and social concerns. These assessments are completed with all Ypsilanti Meals on Wheels clients every 6 months and are used to identify whether clients may need referrals to additional services. This placement will include regular client contact time and will allow students to understand the health and social issues faced by home-bound persons. Group training is planned for September 17th at 4pm – 5:30pm. If you cannot attend, alternate arrangements can be made.

SERVICE SLOTS: WED 1:00-3:00PM; FRI 1:00-3:00PM

Children & Youth

Education is one of the most important health indicators. Children who grow up in low income households and face educational challenges are at risk for poor health outcomes throughout their lives. Not only does low educational achievement impact future job opportunities, but research indicates that education predicts health even after controlling for income. Those with higher levels of education live longer, exercise more, smoke less and have better overall health. Students work to interrupt the pathway that leads from low educational achievement to poor health by tutoring and mentoring children in Ann Arbor's under-resourced neighborhoods.

Community Action Network (Ann Arbor)

www.canannarbor.org

CAN works in public housing and low-income neighborhoods to empower residents to "eliminate the personal, social, and institutional barriers to success." CAN programs include tutoring and social programs for kids, homelessness prevention and emergency food.

Supervisor: Louey Guillen

Community Action Network – Hikone
2724 Hikone Road
Ann Arbor, MI 48108
Email: directorphs@canannarbor.org

Tasks: Students design and implement short health lessons for children attending CAN after school programs in a neighborhood community center. Students also assist children with homework and educational games. This is a high-energy placement as the children are often very energetic, excited and easily-distracted. Choose this placement if you are adaptable to constant change and enjoy working with kids. This placement has a high level of direct client contact.

SERVICE SLOTS: TUES 3:15-5:15PM; THURS 3:15-5:15PM

Supervisor: Sky Woodman

Community Action Network – Bryant
3 W. Eden Court
Ann Arbor, MI 48108
Email: swoodman@canannarbor.org

Tasks: Students will be paired with one middle school or high school aged teen in a tutoring/mentorship role. Students may also be involved in creating a health careers fair or educating teens about substance abuse. This placement has a high level of direct client contact.

SERVICE SLOTS: MONDAY 6:00-8:00PM

Peace Neighborhood Center (Ann Arbor)

<http://www.peaceneighborhoodcenter.org/>

Supervisor: Terri Strom

1111 N Maple Rd

Ann Arbor, MI 48103

Email: tstrom@peaceneighborhoodcenter.org

Peace is a community agency that provides “programs for children, families, and individuals who are affected by social and economic problems. Peace helps people discover options, enhance skills, and make choices that lead to self-sufficiency and positive community involvement.”

Tasks: Students will work in small groups to provide tutoring and special programming for youth in an after-school program. Students will plan and implement health lessons on topics such as oral health and basic hygiene and/or prepare career exploration activities to teach kids about careers in health fields. You may also participate in health education for families or in the creation of informational pamphlets regarding medications that are commonly taken by children (e.g. for ADHD). This is a high-energy placement as the children are often very energetic, excited and easily-distracted. This placement also has a high level of direct client contact. Choose this placement if you are adaptable to constant change and enjoy working with children. Students will receive training on the first day of service.

SERVICE SLOTS: TUES 4:30-6:30PM; WED 4:30-6:30PM; THURS 4:30-6:30PM

Safety-Net Clinics

Safety net clinics deliver services that are often not available to low-income patients from other providers. Those who fall through the holes, or gaps, in the healthcare system rely on these services to receive medical care. Many of the tasks at these placements involve providing social services that make it possible for low-income patients to access care. Safety-net clinics are currently experiencing many changes due to new insurance options and the expansion of Medicaid associated with the Affordable Care Act.

Hope Clinic (Ypsilanti)

www.thehopeclinic.org

Free faith-based medical/dental clinic for the uninsured and underinsured. Suggested \$5 donation for those who are able. Also provide social services, food pantry, prayer, etc. Foreign language skills are an asset in this placement as the clinic serves many clients for whom English is not their primary language. They have served patients who speak over 50 different languages.

Video: www.youtube.com/watch?v=0vZemNb3Huk

Supervisor: Julie Brown (Front Office)

518 Harriet St.

Ypsilanti, MI 48197

Email: jbrown@thehopeclinic.org

Tasks: *Front office assistants* will rotate through a variety of roles including: new patient greeting, check in and paperwork; new patient registration and chart preparation; returning patient chart prep; answering phones, and appointment reminder calls. This placement will provide perspective on the administration of a free health clinic. Client contact will be intermittent and may not occur every week as this depends on the number of new patients arriving during the service time slot. Group orientation is scheduled for Wednesday, September 17, 3-4 pm.

SERVICE SLOTS: WED 4-8PM (ALT WEEKS); SAT 8:15AM-12:15PM (ALT WEEKS)

Supervisor: Mia Moyad (Patient Advocate)

518 Harriet St.

Ypsilanti, MI 48197

Email: mmoyad@thehopeclinic.org

Tasks: *Patient advocate assistants* will work one-on-one to assist clients with diverse needs including; insurance, food, housing, and other tangible and intangible needs. This placement includes client contact. Strong communication and computer skills are necessary. Group orientation is scheduled for Wednesday, September 17, 2-4 pm.

SERVICE SLOTS: WED 5-9PM (ALT WEEKS); SAT 8:30AM-12:30PM (ALT WEEKS)

Hope Clinic - Wayne (Westland)

www.thehopeclinic.org

This is a satellite location for the faith-based Hope Clinic (main location is in Ypsilanti). This small free medical clinic serves the completely uninsured (“uninsurable”). Suggest \$5 donation for those who are able. Also provide social services, medication assistance, etc.

Supervisor: Ann Marie Peterson

33608 Palmer Road

Westland, MI 48185

Email: apeterson@thehopeclinic.org

Tasks: Student will assist in a variety of roles in this small satellite clinic, including: patient advocacy; new patient greeting, check in and paperwork; new patient registration; returning patient chart retrieval; answering phones, checkout and scheduling. Special projects may include helping with the medication distribution system. This placement will provide perspective on the administration of a free health clinic. Client contact will be intermittent depending on the number of new patients arriving during the service time slot. Placement is 4 hours every other week; however, there are opportunities to work some Tuesday evenings instead if interested (arrange with site supervisor after service begins). Student will attend group training on Wednesday, September 17, 2-4 pm at the main Hope Clinic site in Ypsilanti. After that, service will take place the 1st and 3rd Saturday of each month.

SERVICE SLOTS: SAT 8:30AM-12:30PM (ALT WEEKS)

U-M Ypsilanti Health Center (Ypsilanti)

www.uofmhealth.org/our-locations/ypsilanti-health

Supervisor: Patricia (Pat) Rudolph

200 Arnet Street, Suite 200

Ypsilanti, MI 48198

Email: rudolphp@umich.edu

University of Michigan health center serving large un- and underinsured populations.

Tasks: Assist with Needy Meds program, help patients with applications for medication assistance programs, make follow-up calls and track process. Shadow various healthcare professionals, staff and financial counselors. Students may develop special projects to improve Needy Meds program (such as posters or quick reference materials for health care providers). Students may prepare donations for underserved pregnant women and assist with set up of group classes for obstetrics patients. Patient contact may not occur on every visit.

SERVICE SLOTS: WED 1-3PM; FRI 1-3PM

UMHS Guest Assistance Program - GAP (Ann Arbor)

www.uofmhealth.org/guest-assistance-program

Supervisor: Stephanie Rakes

Room-UH 2B203

1500 East Medical Center Drive

Ann Arbor, MI 48109

Email: srakes@med.umich.edu

The UMHS Guest Assistance Program (GAP) addresses non-medical issues that impact the health and well-being of their patient population. A dedicated team of social work staff focuses on removing barriers to care by linking patients to emergency financial assistance, community resources and insurance assistance.

Tasks: Assist social workers with providing patient services. Students will learn about a wide range of resources available to UMHS patients, such as: emergency financial assistance, parking and transportation, costs for medications and supplies, insurance, community resources, counseling, government assistance and more. Students will work with a dynamic team in providing assistance to patients via email, phone calls and in-person consultations. Excellent exposure to a large health system program designed to remove health barriers. Students will be trained on-the-job.

SERVICE SLOTS: WED 1PM-5PM (ALT WEEKS); FRI 1PM-5PM (ALT WEEKS)