Too many medications?
Older adults’ perspectives on deprescribing

Sarah Vordenberg, PharmD, MPH
Clinical Associate Professor
College of Pharmacy, University of Michigan, Ann Arbor, MI 48109

- Inappropriate use of medications, also called polypharmacy, is a significant issue for many older adults.
- Deprescribing occurs when patients and healthcare professionals work together to thoughtfully stop unnecessary medications.
- It is important to consider the preferences of older adults when making deprescribing decisions.

Webpage: https://pharmacy.umich.edu/um-pharmacy-professor-research-outreach
LinkedIn  Twitter  YouTube