Brief update today:

**P3s:** Please check Core Elms emails that went out today for your Rotation 1 APPE Placement. Many of you have things that you must get done before you can go on rotations!
- Hold 8 AM-5 PM on May 13 and 14, 2020 for your APPE Orientation.
- Continue with any intern licensure processes so that you can start rotations on time.

Feeling stressed?
**CAPS Stressbusters App:** Stressbusters includes features such as a 'Breather' where app users are guided through a visually simulated breathing exercise to regulate breathing and promote relaxation. This tool is available in the 'Calmcierge'. The 'Sonic Spa' includes guided meditation apps of varying lengths to meet each student user's needs, themes include 'Quick Calm' and 'Naptime'. The Sonic Spa also includes music and soothing sounds found in nature to promote relaxation.

Need help coping with anxiety? Check this resource out. The really nice thing about this is that it is translated into 20 languages. There are pages on finding balance and an activity menu for ideas on how to stay occupied that may be helpful when a study break is needed!

**Everybody:** I am noticing that the "charm" of working from home is really wearing off. Also, the 1-3 inches of snow forecast for tomorrow in Ann Arbor is not helping my mood! Those of you who went back home to warm weather made a good choice!
Good news: Looks like the field hospitals that we set up for COVID at the indoor track building will not be needed! Great job by all who set it up. If the social distancing can go awhile longer, we can close that chapter!

Everybody: A little birdie told me that yesterday's news about P4 Randi Katz appearing on the over of the latest AJHP issue is actually the second time that she has been featured on the cover of AJHP! Yesterday I joked that she was a supermodel... She actually is one! Check out this one from last year:  
(Randi is going to kill me when she sees me!)
Infectious disease | Improving care for critically ill patients with community-acquired pneumonia

Professional Issues | Global opportunity: Pharmacists working together to improve patient care

Medication safety | Recommended quality measures for health-system pharmacy: 2019 update from the Pharmacy Accountability Measures Work Group

Pharmacokinetics | Readiness to implement vancomycin monitoring based on area under the concentration–time curve: A cross-sectional survey of a national health consortium

Medication safety | Multicenter study to evaluate the benefits of technology-assisted workflow on i.v. room efficiency, costs, and safety
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